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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
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| **Breakfast** | Fruit BowlWW Bread w/Butter  | Fruit BowlBran Muffin  | Fruit BowlFrench Toast w/Syrup  | Fruit BowlBagel w/Cream Cheese | Fruit BowlPumpkin Muffin w/Butter | Fruit BowlCroissants  | Fruit BowlsAssorted Pastry |
| **2pm Snack** | Berry Loaf  | Square  | Banana Walnut Loaf | Square  | Mincemeat Tart  | Coconut Macarons  | Assorted Squares & Tarts |
| **7pm Snack** | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted |
| **Lunch Salads** | House Salad w/Egg | House Salad w/Veg  | Italian Salad  | House Salad w/Walnuts  | House Salad w/Cheese | Greek Salad on Romaine  | Chef’s Choice Salad  |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, Pudding  | Bacon Wrapped Pork Tenderloin **OR**Beef Chili **With**Red Roasted PotatoPeas Carrots**Dessert Tray** | Herb White Fish(Lemon Wedge/Tartar Sauce)**OR**Liver & Onions **With**Mashed PotatoButtered CornBroccoli **Dessert Tray** | Chicken & Kimchi Dumpling(Green Onions, Soya Sauce/Sesame Seeds)**OR**BBQ Pork**With**Squash Garlic Napa Cabbage Chow Mein Noodles**Dessert Tray** | Turkey SchnitzelGravy/Cranberry Sauce**OR**Meatballs in Gravy**With**Mashed PotatoesAsparagus Grilled Eggplant **Dessert Tray** | Baked Haddock w/Lemon Garlic Sauce **OR**Curried Chicken **With**Jasmine RiceSautéed Spinach Tomato Slices **Dessert Tray** | Veal Cutlet with Gravy**OR**Honey Garlic Chicken**With**Rice PilafVegetable Medley(zucchini, baby corn, red peppers)**Dessert Tray** | Roast Turkey w/GravyCranberry SauceStuffing**OR** Fish w/Lemon Tartar Sauce**With**Mashed PotatoVegetable Blend**Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, PuddingFeature Dessert | Lentil Soup**Cold Deli Plate**Cheese Slices Deli Turkey Dinner Bun w/ButterSaladPickles & Olives **OR**Egg Sandwich w/Salad**Feature Dessert**Tapioca Pudding |  Italian Wedding Soup California Veg Burger(Grilled Onion/Pepper & Guacamole, Havarti Cheese)**OR**Spanakopita w/ Pita Bread Tzatziki Sauce **With**Greek Salad**Feature Dessert**Cheesecake | Broccoli Cheese Soup Beef Hotdogs(Relish, Ketchup, Mustard)**OR**Salmon Quiche**With**Coleslaw Watermelon Wedge**Feature Dessert**Berry Cobbler  | Minestrone Soup Monte Cristo Sandwich **OR**Tuna Casserole Garlic Bread**With**Mixed Green SaladPineapple Wedge**Feature Dessert**Peach Crisp | Creamy Carrot Soup Baked BeansDinner Bun**OR**Chicken & Leek Pot Pie w/Gravy**With**Caesar SaladOrange Wedge**Feature Dessert**Rice Pudding | Beef Vegetable Soup Mac & Cheese**OR**Hot Pastrami Sandwich on Rye Bread**With**Mixed Greens SaladFruit Garnish**Feature Dessert**Mango Ice Cream  | Turkey Noodle SoupEggplant Parmesan Garlic Bread **OR**Chicken & Egg Fried Rice **With**Cucumber Salad **Feature Dessert**Apple Pie A la Mode  |

Available at:

* **Dinner** – Bread, Rice, Mashed Potato, Water, Milk, Tea, Coffee
* **Supper**-Crackers with Soup, Bread, Water, Milk, Tea, Coffee
* **Snacks** - Assorted Juice, Iced Tea, Hot Tea, Coffee, Digestive Cookie, Social Cookie

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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
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| **Breakfast** | Fruit BowlBlueberry Scone  | Fruit BowlMulti-Grain Bread w/ P.B | Fruit BowlBagel w/Cream Cheese | Fruit BowlFruit & Bran Muffin | Fruit BowlWaffles w/Syrup  | Fruit BowlCheese & Chive Scone  | Fruit BowlsAssorted Pastry |
| **2pm Snack** | Bavarian Fruit Tart  | Blueberry Loaf | Mini Veg Quiche  | Lemon Streusel  | Banana Loaf  | Squares  | Assorted Loaf & Tarts  |
| **7pm Snack** | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted |
| **Lunch Salads** | Italian House Salad | House Salad w/Egg | House Salad w/Nuts | House Salad w/Bacon | House Salad w/Veg  | House Salad Classic  | House Salad Chef’s Choice |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, Pudding | Teriyaki Chicken Drumstick**OR**Garlic Shrimp Skewers**With**Jasmine RiceBaby Carrots Asparagus **Dessert Tray** | Pork Stew **OR**Salmon**With**Mashed Potato BroccoliButtered Corn**Dessert Tray** | Chicken Adobo **OR**Veal Cutlet w/Gravy **With**Jasmine RiceSautéed Garlic Celery Sliced Carrots **Dessert Tray** | Baked Sole(Garlic & Herb Butter)Lemon Wedge **OR**Meatloaf w/Tomato Sauce**With**Garlic Whipped PotatoSautéed Spinach/Onions and Julienne Peppers **Dessert Tray** | **Brunch Menu**Croissant Savory Hashbrown Scrambled Eggs Breakfast Sausage Kiwi & Strawberry **Dessert Tray** |  Orange Ginger Chicken**OR**Liver & Onions w/Gravy**With**Mashed Potato Garlic Green Beans Baby Carrots **Dessert Tray** | Prime Rib Roast Baked Potato(Sour Cream/Green Onion)Garlic MushroomsAsparagus Grilled Red Pepper **ALT**: Battered HaddockLemon/Tartar Sauce **Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, PuddingFeature Dessert | Cream of Zucchini SoupFish Burger(Lettuce & Tartar Sauce)**OR**Chicken Strips w/Dipping SauceDinner Bun **With**Fries House Salad **Feature Dessert**Berry Yogurt Parfait  | Carrot Lentil SoupBeef Pot Pie w/Gravy**OR**Seafood Cakew/Lemon Dill AioliGarlic Bread **With**House SaladCantaloupe Slice**Feature Dessert**Raisin Bread Pudding  | Beef Noodle SoupTortellini Pasta w/Meatsauce **OR**Grilled Ham & Cheese Sandwich **With**Caesar SaladGarlic Bread**Feature Dessert** Cinnamon Baked Apples w/Ice Cream  | Egg Corn Soup Vegetable Dumpling(Green Onion/Soy Sauce/Sesame Seeds)**OR**Stir Fry Chicken (Celery/Onions/Peppers)**With**Fried RiceBroccoli**Feature Dessert**Peach Cobbler  | Cream of Spinach Fish & ChipsColeslaw (Ketchup/Tartar Sauce)Lemon Wedge**ALT:** Veg Lasagna w/Green Salad Bun **Feature Dessert**Mango Crisp  | Turkey Vegetable Soup Perogies & Onions Sausage(Sour Cream/Green Onion)**OR**Cabbage Rolls**With**Italian SaladDinner Bun **Feature Dessert**Strawberry Cake  | Cream of Chicken Soup Hotdogs w/Condiments**OR**Chicken Balls w/Dipping Sauce (Sweet & Sour)Garlic Bread **With**Potato SaladFruit Slice **Feature Dessert**Coconut Pie  |

Available at:

* **Dinner** – Bread, Rice, Mashed Potato, Water, Milk, Tea, Coffee
* **Supper**-Crackers with Soup, Bread, Water, Milk, Tea, Coffee
* **Snacks** - Assorted Juice, Iced Tea, Hot Tea, Coffee, Digestive Cookie, Social Cookie

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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
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| **Breakfast** | Fruit BowlWW Bread w/Butter  | Fruit BowlBran Muffin  | Fruit BowlFrench Toast w/Syrup  | Fruit BowlBagel w/Cream Cheese | Fruit BowlPumpkin Muffin w/Butter | Fruit BowlCroissants  | Fruit BowlsAssorted Pastry |
| **2pm Snack** | Berry Loaf  | Square  | Banana Walnut Loaf | Square  | Mincemeat Tart  | Coconut Macarons  | Assorted Squares & Tarts |
| **7pm Snack** | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted |
| **Lunch Salads** | House Salad w/Egg | House Salad w/Veg  | Italian Salad  | House Salad w/Walnuts  | House Salad w/Cheese | Greek Salad on Romaine  | Chef’s Choice Salad  |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, Pudding | Herb Salmon **OR**Roasted Lamb Chops **With**Turmeric Rice Pilaf Seasonal Veg Medley(Carrot/Broccoli/Celery)**Dessert Tray** | Pork Meatballs in Onion Gravy **OR**Turkey Schnitzel **With**Mashed PotatoSquash Peas **Dessert Tray** | Veal Cutlet w/Gravy**OR**BBQ Pork Ribs **With**Roasted Potatoes Wok Sautéed Vegetables (Peppers, Onions, Celery, Zucchini)**Dessert Tray** | Baked Haddock w/Almonds & Herb Butter **OR**Beef Stew **With**Jasmine Rice Vegetable Blend **Dessert Tray** | Bratwurst Sausage**OR**Chicken Kiev  **With**Mashed Potato Buttered Carrot SliceGrilled Zucchini **Dessert Tray** | Sweet & Spicy Ham **OR**Garlic Herb Chicken **With**Scalloped Potato Fresh Seasonal Vegetables **Dessert Tray** | Roast Pork w/Applesauce/Gravy **OR**Sweet & Sour Fish (pineapple, peppers, onions)**With**Jasmine Rice Broccoli**Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, PuddingFeature Dessert | Vegetable Barley SoupVegetarian Chill w/Dinner Roll **OR**Turkey Sandwich (Lettuce, Tomato, Cucumber, Mayo)**With**House ColeslawFruit Garnish**Feature Dessert**Fruit Cheesecake  | Mulligatawny SoupBacon Cheeseburger**OR**Vegetarian Quiche **With**Green Salad w/Veg **Feature Dessert**Strawberry Rhubarb Pie | Creamy Squash SoupGrilled Ham & Cheese Sandwich **OR**Chicken Satay w/Peanut Sauce Garlic Bread **With**Caesar Salad**Feature Dessert**Pineapple Cake  | Yellow Pea Soup Meat Lasagna **OR**Chickpea Falafel w/Hummus**With**Caesar SaladGarlic Bread **Feature Dessert**Apricots  | Cream of Tomato & Rice SoupFish & Chips**OR**Chicken Pot Pie**With**Broccoli SlawFruit GarnishDinner Roll**Feature Dessert**Carrot Cake  | Clam Chowder Chicken Fried RiceDumplingsGarlic Broccoli**OR**Ham &Cheese Croissant Green Salad **Feature Dessert**Egg Tart | Spring Vegetable Soup Meatlovers Pizza**OR** Deli Roast Beef w/Horseradish Mayo Sandwich **With**Italian Salad **Feature Dessert**Assorted Pies  |

Available at:

* **Dinner** – Bread, Rice, Mashed Potato, Water, Milk, Tea, Coffee
* **Supper**-Crackers with Soup, Bread, Water, Milk, Tea, Coffee

 **Snacks** - Assorted Juice, Iced Tea, Hot Tea, Coffee, Digestive Cookie, Social Cookie

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| **Week 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
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| **Breakfast** | Fruit BowlBlueberry Scone  | Fruit BowlMulti-Grain Bread w/ P.B | Fruit BowlBagel w/Cream Cheese | Fruit BowlFruit & Bran Muffin | Fruit BowlWaffles w/Syrup  | Fruit BowlCheese & Chive Scone  | Fruit BowlsAssorted Pastry |
| **2pm Snack** | Bavarian Fruit Tart  | Blueberry Loaf | Mini Veg Quiche  | Lemon Streusel  | Banana Loaf  | Squares  | Assorted Loaf & Tarts  |
| **7pm Snack** | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted |
| **Lunch Salads** | Italian House Salad | House Salad w/Egg | House Salad w/Nuts | House Salad w/Bacon | House Salad w/Veg  | House Salad Classic  | House Salad Chef’s Choice |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, Pudding | Beef Meatloaf **OR**Battered Haddock (Lemon/Tartar Sauce)**With**Whipped Potatoes w/Chives & Sour Cream Broccoli/Cauliflower & Pepper Medley **Dessert Tray** | Baked Salmon **OR**General Tao Chicken **With**Jasmine Rice Garlic Mushrooms Green Beans **Dessert Tray** | Curry Chicken w/Naan **OR**Liver & Onions w/Mashed Potato & Gravy **With**Buttered Peas Dill Carrot Slices **Dessert Tray** | Pork Cutlet w/Gravy **OR**Tomato Herb Turkey Loaf**With**Mashed Potatoes Vegetable Blend **Dessert Tray** | Steamed Cod w/Garlic Sauce **OR**Turkey Schnitzel**With**Pineapple Raisin Rice Vegetable Medley(carrot, broccoli, celery, onion)**Dessert Tray** | Teriyaki Chicken Burger w/Pineapple Ring **OR**Vegetable Burger **With**French Fries Coleslaw Cantaloupe **Dessert Tray** | Roast Lamb w/GravyMint Jelly **OR**Baked Fish **With**Rice Pilaf Grilled Zucchini Seasoned Carrots **Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, PuddingFeature Dessert | Seafood ChowderEgg Salad Sandwich**OR**Turkey Pot Pie **With**Caesar Salad Orange Slice **Feature Dessert**Mango Mousse  | Mixed Bean Soup Fruit & Cheese PlateCottage CheeseFresh Fruit Cup Morning Glory Muffin **OR**Cheese Sandwich w/Fruits **Feature Dessert**Apple Pie  | Cream of Broccoli Spaghetti & Meatballs **OR**Breaded Mushroom Bites **With**Caesar SaladOrange Wedge Garlic Bread **Feature Dessert**Chocolate Pudding  | Chicken Noodle SoupTuna Melt Sandwich**OR**Chicken StripsDipping Sauce **With**Potato Wedges Coleslaw Melon **Feature Dessert**Berry Crisp  | Vegetable Bean Soup Blue Cheese & Ham Quiche **OR**Beef Lasagna Garlic Bread **With**Balsamic Spring Greens w/Orange & Olives**Feature Dessert**Peach Halves  | Lemon Orzo Soup Spanakopita **OR**Chicken Souvlaki **With**Greek SaladGreek Lemon Potatoes Pita BreadTzatziki Sauce**Feature Dessert** Tiramisu  | Cream of Spinach SoupChow MeinHoney Garlic Pork**OR**Stir-fry Tofu**With**Stir-fry Asian Vegetables(Bok choy, napa cabbage, carrots, baby corn, celery, broccoli...)**Feature Dessert**Egg Tart |

Available at:

* **Dinner** – Bread, Rice, Mashed Potato, Water, Milk, Tea, Coffee
* **Supper**-Crackers with Soup, Bread, Water, Milk, Tea, Coffee
* **Snacks** - Assorted Juice, Iced Tea, Hot Tea, Coffee, Digestive Cookie, Social Cookie

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| **Week 5** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
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| **Breakfast** | Fruit BowlBlueberry Muffin | Fruit BowlApple Cinnamon Scone | Fruit BowlWaffle | Fruit BowlBagel w/Cream Cheese | Fruit BowlCranberry Muffin | Fruit BowlBagel w/Cream Cheese | Fruit BowlsAssorted Pastry |
| **2pm Snack** | Apple Caramel Loaf | Square  | Butter Tarts  | Carrot Cake  | Cranberry Orange Loaf  | Squares  | Assorted Pastries  |
| **7pm Snack** | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted | Cookies Assorted |
| **Lunch Salads** | House Salad w/Veg | Italian House Salad  | Greek Salad on Romaine | House Salad w/Chicken  | House Salad w/Egg  | Classic House Salad  | Chef’s Choice Salad  |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, Pudding | Honey Dijon Basa Fish**OR**Cheddar Smokies Sausage**With**Scalloped PotatoSteamed BeetsPeas**Dessert Tray** | Swedish Meatballs**OR**Tofu & Shrimp Stir-fry**With**Mashed PotatoRoasted CarrotsGrilled Zucchini**Dessert Tray** | Butter Paneer w/Naan**OR**Liver & Onions w/Mashed Potato & Gravy**With**Sautéed Green beans & Red Peppers **Dessert Tray** | Salisbury Steak in Mushroom & Onion Gravy**OR**Turkey Schnitzel**With**Mashed PotatoPEI Medley **Dessert Tray** | Cajun Seared Haddock w/Maple Lime Butter**OR**Chicken Dumpling**With**Rice PilafAsparagus Grilled Peppers **Dessert Tray** | **Brunch** Egg Benedict(English Muffin, Ham, Hollandaise Sauce)Baby Roma Tomato Bocconcini Pesto Salad Vegetable Spring Roll **Dessert Tray** | Maple Glazed Baked HamRoasted Potatoes Green Bean Almondine Baby Carrots **ALT**: Chicken **Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Ice Cream, Jell-0, Fruit, PuddingFeature Dessert | Potato Leek Soup Chicken Ala King w/Dinner Bun **OR**Salmon Quiche **With**House Salad**Feature Dessert**Pineapple Upside Down Cake  | Mushroom Barley Soup BBQ Pulled Pork Sandwich**OR**Cod Nuggets w/Lemon Wedge-Tartar Sauce **With**Coleslaw Honeydew & Orange **Feature Dessert**Greek Yogurt w/Honey & Walnut  | Carrot Ginger Soup Spinach Beef Cannelloni Pasta w/Tomato Sauce **OR**Chicken Skewers w/Tzatziki Sauce **With**Arugula Green SaladGarlic Bread **Feature Dessert**Stewed Apples  | Creamy Vegetable SoupBaked Beans **OR**Beef Lasagna **With**Italian SaladDinner roll w/Butter**Feature Dessert**Black Forest Cake  | Vegetable Wonton SoupSweet & Sour Chicken Vegetable Fried Rice Garlic Broccoli ALT: Pork **Feature Dessert**Yogurt Parfait with Seasonal Berries  | Creamy Tomato Basil Soup Mussels w/Garlic Wine Sauce & Diced Tomato/Scallions Baguette Salad ALT: Cheese Omelet **Feature Dessert**Bread Pudding  | Vegetable ChowderWarm Turkey Sandwich w/Cheese **OR**Battered Fish Lemon/Tartar Sauce **With**Caesar Salad Fruit Slices **Feature Dessert**Chef’s Choice  |

Available at:

* **Dinner** – Bread, Rice, Mashed Potato, Water, Milk, Tea, Coffee
* **Supper**-Crackers with Soup, Bread, Water, Milk, Tea, Coffee
* **Snacks** - Assorted Juice, Iced Tea, Hot Tea, Coffee, Digestive Cookie, Social Cookie