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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** | Banana MuffinFruit Bowl | Cinnamon BunFruit Bowl | BagelFruit Bowl | Raisin BreadFruit Bowl | Tea BiscuitFruit Bowl | Waffle Fruit Bowl | Assorted PastryFruit Bowl |
| **2pm Snack** | Cranberry Loaf | Homemade Butter Tart | Squares | Blueberry Tart | Berries Loaf | Assorted Loaves | Assorted Snacks |
| **7pm Snack** | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies |
| **Lunch Salads** | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Baked Pollock Fishw/Creamy Dill Sauce**OR**Italian StyleBeef Stew**With**Herbed Jasmine RiceHoney DijonRoasted Vegetables**Dessert Tray** | Sweet & SpicyHam**OR**Roasted HerbChicken**With**Creamy PolentaSautéed SpinachButternut Squash**Dessert Tray** | Braised BeefShepherd's Pie**OR**Steamed Basa Fishw/Mediterranean Spices**With**Mashed PotatoCalifornia Vegetables**Dessert Tray** | Salmon Loinw/Pesto Cream Sauce**OR**Pork Steww/Apple & Yam**With**Rice PilafGrilled ZucchiniButtered Corn**Dessert Tray** | VealParmigiana**OR**Asiago Crusted Chicken**With**SpaghettiMaple Glazed Vegetable(Carrot, Pea & Corn)**Dessert Tray** | **Brunch Menu****Residents Choice**Egg BenedictBacon Slice Baked BeanMushroomFruit**Dessert Tray** | Roast Turkey**With**Turkey GravyCranberry SauceTraditional Stuffing Whipped PotatoesSautéed Vegetable(Fresh Pick of the Day)**Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Seafood ChowderTurkey Chili**OR**Dry Pork Ribsw/Ranch Dressing**With**Dinner RollCreamy ColeslawOrange Wedges**Feature Dessert**Blueberry Pie | Harvest Vegetable SoupBeef Stroganoff**OR**Creamy Mushroom Sauce**With**LinguineCucumber SaladFruit Cut**Feature Dessert**Chocolate Cake  | Tomato Basil SoupBBQ Pulled Pork on a Soft Kaiser**OR**Pizzaw/Chicken, Feta & Olive**With**Greens Saladw/Apple & Olives**Feature Dessert**Ice Cream of the Day | BorschtLemon Chicken Wings**OR**Meatballw/Roasted Pepper Gravy**With**Garlic BreadCaesar Salad**Feature Dessert**Jellied Fruit | Cream of AsparagusDeli Meat &Cheese Platter**OR**Beef Pot Pie **With**Spinach SaladPineapple Slice**Feature Dessert**ButterscotchBread Pudding | Curried Carrot and Tomato SoupTuna Melt Sandwich**OR**Chicken Dumpling**With**Potato & RoastedCorn Salad**Feature Dessert**Greek YogurtFruit Parfait  | Cream of MushroomBeef Lasagna **OR**Vegetarian QuesadillaPepper, Onion & Cheese**With**Mixed Greens SaladFruit Cut**Feature Dessert**Chef’s Choice  |

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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** | Bran MuffinFruit Bowl | Scone BerriesFruit Bowl | Chocolate CroissantFruit Bowl | BagelFruit Bowl | Apple StrudelFruit Bowl | Cranberry MuffinFruit Bowl | Assorted PastryFruit Bowl |
| **2pm Snack** | Lemon Loaf | Coconut Tart | Squares | Chocolate Loaf | Brownies | Assorted Loaves | Assorted Snacks |
| **7pm Snack** | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies |
| **Lunch Salads** | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Pork Schnitzel**OR**Garlic Dill LemonSalmon**With**Scalloped PotatoesAsparagusYam**Dessert Tray** | Turkey Divan**OR**Pineapple BBQPork Roast**With**Rice Pilaf Sautéed SpinachBeets**Dessert Tray** | Pesto Flank Steak**OR**Grilled Chicken Thigh w/Orange Ginger Sauce**With**Ranch Style PotatoesSavory CarrotsGrilled Zucchini**Dessert Tray** | Chicken Cordon Bleu**OR**Baked Fishw/Coconut Curry Sauce**With**Seasoned RicePaprika YamPeas**Dessert Tray** | Roasted Pork Loinw/Maple Apricot Sauce**OR**Dijon Mustard Chickenw/Pineapple Salsa**With**Roasted Potatoes5 Mix Vegetable**Dessert Tray** | Five Spice PulledBeef Stew**OR**Citrus Spiced Fish**With**Jasmine RiceBell PepperBroccoli**Dessert Tray** | Prime Ribs**With**Horseradish GravyMashed PotatoesMushroomsAsparagus**ALT**Breaded Fish**Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Potato SoupThree Cheese MacaroniCasserole**OR**Chicken Reuben Sandwich**With**Broccoli & Feta Salad**Feature Dessert**Old Fashioned Bar | Mulligatawny SoupChicken Pot Pie**OR**Steak and Roasted Pepper Wrap**With**Lentil and Butternut Squash Salad**Feature Dessert**Boston Cream Pie | Cream of TomatoGrilled Ham Sandwich**OR**Chicken Stripsw/Plum Sauce**With**ColeslawCountry Cut Fries**Feature Dessert**Peach Halves | Beef Barley SoupMusselsw/Cream Tomato Sauce& Garlic Toast**OR**Dilled Potato Salad Platew/Eggs & Asparagus **Feature Dessert**Lemon Pudding | Cream of VegetableSalmon Tuscan Pasta Salad Plate**OR**Philly Cheesesteak Sandwich**With**Spinach Salad**Feature Dessert**Pineapple Cake | Chicken Corn SoupHam Croissantw/Apple Ginger Chutney**OR**Spinach Cannelloni**With**Potato SaladOrange Slice**Feature Dessert** Peach Crisp | Cauliflower SoupToasted PeamealBLT Sandwichw/Caesar Salad**OR**Poke Bowl(Fresh Pick of the Day)**Feature Dessert**Chef’s Choice |

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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** | Blueberry MuffinFruit Bowl | CroissantFruit Bowl | Herb Cheese SconeFruit Bowl | WaffleFruit Bowl | Raisin BreadFruit Bowl | BagelFruit Bowl | Assorted PastryFruit Bowl |
| **2pm Snack** | Squares | Banana Loaf | Fruit Tart | Oatmeal Square | Berries Loaf | Assorted Loaves | Assorted Snacks |
| **7pm Snack** | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies |
| **Lunch Salads** | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Honey Dijon Basa**OR**Baked Glazed Ham**With**Lyonnais PotatoesBroccoli, Pepper & Cauliflower Medley **Dessert Tray** | Herb Roast Chicken **OR**Breaded Beef Liver w/Onions & Gravy **With**Rice Pilaf Asparagus Buttered Corn**Dessert Tray** | BBQ Pork Ribs**OR**Garlic Scallop &Shrimp Skewer**With**Paprika PotatoesRoasted BeetsGreen Beans**Dessert Tray** | Stir Fry Beefw/Shanghai Sauce**OR**Shrimp Dumpling **With**Seasoned RiceCelery, Carrot &Zucchini Medley **Dessert Tray** | Turkey & Veg Steww/Egg Noodles **OR**Beef Shepherd's Pie**With**Green Peas & OnionsHerb Carrots**Dessert Tray** | **Brunch Menu****Residents Choice**Chicken & Wafflew/Maple SyrupScrambled EggsHash brownFruit**Dessert Tray** | Roast Stuffed Porkw/Cream Cheese, Spinach & Dates**With**Rice PilafRed PeppersGrilled Zucchini **ALT**Chicken Schnitzel |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Green Pea SoupTurkey Burger**OR**Beef Hamburger**With**Sweet Potato WedgesVegetable Medley Slaw**Feature Dessert**Cranberry Rice Pudding | Tomato Italian SoupHot Deli Meat onMarble Rye**OR**Tuna Casserole**With**Dill Cucumber Salad**Feature Dessert**Yogurt Parfait w/Berries | Cream of Carrot SoupCabbage Rollw/Dinner Roll**OR**Vegetable Lasagna**With**7 Bean Salad**Feature Dessert**Chocolate Cream Pie | Wonton SoupSalmon Spinach Frittata**OR**Chicken A La King **With**Dinner BunChickpea Salad**Feature Dessert**Baked Custard | Chickpea SoupChicken Harvest Saladw/Garlic Bread**OR**New York Style Pizzaw/Ham & Arugula Salad**Feature Dessert**Cherry Pie | Cream of BroccoliTuna Sandwich**OR**Tortellini Pastaw/Pulled Beef**With**Cheddar AppleWalnut Salad **Feature Dessert**Mango Fruit salad | Hearty Vegetable Soup Butter Chickenw/Naan Bread**OR**Eggs Benedict**With**Balsamic Spring Greensw/Oranges and Olives**Feature Dessert**Chef’s Choice  |

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| **Week 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** | Carrot Raisin MuffinFruit Bowl | SconeFruit Bowl | Bran MuffinFruit Bowl | BagelFruit Bowl | Cinnamon RollFruit Bowl | Berries MuffinFruit Bowl | Assorted PastryFruit Bowl |
| **2pm Snack** | Banana Loaf | Date Square | Cranberry Orange Loaf | Square | Fruit Tart | Assorted Loaves | Assorted Snacks |
| **7pm Snack** | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies |
| **Lunch Salads** | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Honey MustardPork Tenderloin**OR**Hoisin Chicken Stir Fry **With**Fried RiceRoasted Diced Vegetables**Dessert Tray** | BBQ Salmon Loin**OR**Meatloaf w/Spicy Tomato Sauce**With**Scalloped PotatoesSautéed SpinachButtered Carrot**Dessert Tray** | Veal Cutletw/Paprika Sauce**OR**Creamy SeafoodAlfredo Sauce **With**FettucciniZucchini, Broccoli, Red Pepper, Red Onion, Cherry Tomato**Dessert Tray** | Chicken Curry**OR**Baked Codw/Garlic Dill Sauce**With**Jasmin RiceBroccoliCorn**Dessert Tray** | Turkey Schnitzel w/Cranberry Sauce**OR**Baked Pork**With**Baked Herbs PotatoHoisin Brussels SproutsSeasoned Carrots**Dessert Tray** | Sweet & Sour Pork**OR**Chicken Dumpling**With**Chow Mien NoodleBroccoli, Peppers, Zucchini & Carrots Medley**Dessert Tray** | Roasted Lamb w/Mint Jelly**OR**Italian Herb Fish**With**Mashed Potato Paprika YamButtered Pea**Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Minestrone SoupBeef PastramiShaved Sandwich**OR**Beer Battered Haddock**With**Marinated Veg Salad**Feature Dessert**Berries Cheesecake | Potato Leek SoupChicken Curried and Mango Wrap**OR**Cold Deli Platter**With**Chef's Salad**Feature Dessert**Apple Pie w/Ice Cream  | Cream of Mushroom BBQ Pork Ribette **OR**Chicken Souvlaki**With**Tangy Cucumber SaladPita Bread **Feature Dessert**Lemon Buttermilk Cake | Beef Barley SoupBeef Hotdogs**OR**Spanakopita**With**Four Bean SaladFruit Slice**Feature Dessert**Fruit Cocktail Trifle  | Roasted Vegetable SoupSalmon Quiche**OR**Chicken Baguettew/Pickle Vegetable**With**Coleslaw**Feature Dessert**Baked Cinnamon Apples | Cauliflower Curry SoupSliced Beef w/Yam & Asparagus Salad Plate**OR**Omeletw/Spanish Style Sauce,Salad & Dinner Roll **Feature Dessert**Strawberry Rhubarb Pie  | Cream of AsparagusPulled Pork Sandwich**OR**Turkey Avocado Panini**With**Country StylePotato Salad**Feature Dessert**Chef’s Choice |

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| **Week 5** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** | Carrot Bran MuffinFruit Bowl | Scone BerriesFruit Bowl | CroissantFruit Bowl | BagelFruit Bowl | Apple StrudelFruit Bowl | Buttermilk Tea BiscuitFruit Bowl | Assorted PastryFruit Bowl |
| **2pm Snack** | Lemon Loaf | Coconut Tart | Squares | Chocolate Loaf | Blueberry Tart | Assorted Loaves | Assorted Snacks |
| **7pm Snack** | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies | Assorted Cookies |
| **Lunch Salads** | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad | House Salad |
| **Lunch****1st Seating 11:30am****2nd Seating 12:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Fish w/Dried Tomato Guacamole**OR**Roasted Pork**With**Roasted PotatoesHerbed CarrotsBroccoli**Dessert Tray** | Salisbury Steakw/Onion & Mushroom**OR**Herbed Baked Salmon**With**Jasmine RiceRoasted Vegetable(Pick of the Day)**Dessert Tray** | Bacon WrapPork Medallion**OR**Chicken Kiev **With**Oven Roasted PotatoesBalsamic RoastedBeets and Carrots**Dessert Tray** | Greek Lamb Chopw/Mint Yogurt**OR**Baked Fishw/Coconut Curry Sauce**With**Rice PilafCrisp Vegetable Medley**Dessert Tray** | Roasted Chicken Thighw/Piri Piri Lemon Sauce**OR**Seafood Stir Fry**With**Tomato Olive OrzoGrilled AsparagusGrilled Carrots**Dessert Tray** | **Brunch Menu****Residents Choice**PancakeBoiled EggsHash brownSausageFruit**Dessert Tray** | Beef Brisket**With**Béarnaise SauceSautéed Green BeanBaked Potatow/Sour Cream & Chives**ALT**Breaded Fish**Dessert Tray** |
| **Supper****1st Seating****4:30 pm****2nd Seating****5:30 pm****Dessert Tray**Yogurt, Jell-0,Ice Cream, Fruit | Corn ChowderChicken Alfredo**OR**Meat Sauce**With**SpaghettiCaesar SaladOrange Wedges**Feature Dessert**Fruit Ambrosia Salad | Lentil Coconut SoupBlack Forest HamBaguettew/Chef Salad**OR**Chicken Salad w/OrangeAlmond & Pita Bread**Feature Dessert** Banana Bread Pudding | Turkey Noodle SoupCheeseburger**OR**English Style Fishw/Tartar Sauce**With**French FriesCreamy Coleslaw**Feature Dessert**Pear Halves  | Wonton SoupHarvest Monte Cristo Sandwich**OR**Chicken StripsDipping Sauce**With**Sweet Pea Salad**Feature Dessert**Apple Crisp  | Butternut Squash SoupCod Nuggets**OR**Pork Loin Sandwichw/Peach Salsa**With**Roasted Beet Salad**Feature Dessert**Chocolate Cream Pie | Cream of CeleryBeef Poutine**OR**Roasted Red Pepper Arugula andFeta Flatbread**Feature Dessert**Strawberry Mint Trifle  | Chef’s Choice Soup Turkey Sandwich**OR**Perogiesw/Sausage & Onion**With**Four Bean Salad**Feature Dessert**Chef’s Choice |